



**CAROL STREAM TRAVEL  
SOFTBALL & BASEBALL ASSOCIATION  
PLAYER COMMITMENT TO EXCELLENCE**



I hereby pledge to do my best to support my youth sports team by following this Players' Commitment to Excellence:

**EXCEL IN EFFORT.** Give your best, 100% effort – always!

**HUSTLE.** On a baseball field, walking is prohibited. We hustle and run at all times. Hustle does not require awesome talent; it requires simple commitment and desire. When we compete with other teams on the field, this is the part of the game we will always win. Regardless of whom we play, we can control this phase of the competition.

**DEVELOP LOYALTY.** Put the team first. Be a team player. Help your team members achieve team goals.

**SUPPORT YOUR TEAMMATES.** Baseball is a team game. We succeed and fail on the field as a team. Be supportive of your teammates at all times. Encourage and cheer for one another. Mistreating or criticizing another player is a team offense.

**THINK BASEBALL.** Concentrate. Whether in a game or at a practice, keep your mind focused on the team's baseball objectives.

**MASTER THE FUNDAMENTALS.** Learn the basic skills. To become a skilled player on game day, start by being a good practice player.

**MAKE EVERY MISTAKE PART OF YOUR DEVELOPMENT.** Learn from adversity. Mistakes are common in baseball. Errors are part of the game. Every player, regardless of skill, will make errors that are both physical and mental. What sets winning teams apart from others is attitude. When a mistake is made, forgive yourself, and make a commitment to learn from that experience.

**ANTICIPATE EACH PITCH AND FIELDING SITUATION.** Players are never spectators – when you are on the field, be prepared to be involved in every play. Know your assignments. With every pitch, anticipate the action and get in position to make the play.

**VALUE SPORTSMANSHIP.** Be a good sport. Show respect for opponents, officials, and fans. Most of all, demonstrate your respect for our team and the great sport of baseball by conducting yourself with honor on the field.

**BE A GOOD COMMUNICATOR.** There is a time to talk and a time to listen – know the difference. Be attentive and listen well to your coaches. Respond positively to direction.

**COMMIT YOURSELF.** Be at every practice and game. Pre-arrange potential absences well in advance and advise your coach as soon as possible if any emergencies arise. The team is counting on you!

Player Signature:	Date:
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